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At War With Self - Torn Between Dimensions (8/10) - USA - 2005

Genre: Progressive Rock
 Label: [Sensory](#)
 Playing time: 50:08
 Band homepage: -



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Tracklist:

1. The God Interface [>mp3](#)
2. Torn Between Dimensions
3. A Gap In The Stream Of Mind – Part One
4. Grasping At Nothing
5. Coming Home
6. The Event Horizon
7. A Gap In The Stream Of Mind – Part Two
8. Run
9. A Gap In The Stream Of Mind – Part Three
10. At War With Self

Classy names meeting together for a production of technical music, names like GORDIAN KNOT, LIQUID TENSION EXPERIMENT and TRANSATLANTIC come to mind. Little do I care for over long complex jamming structures, I dislike the idea of Prog wank festivities but I must confess and admit that AT WAR WITH SELF is quite a normal and more pleasant ride through talent and obviously technical compositions than the what I'm used to hear in the field.

This newly formed trio is composed of all around virtuosos. Natural talents Glenn Snelwar, Michael Manring and recently departed FATES WARNING drummer MARK ZONDER have laid down on tape some very intricately woven music and if anyone bitches about solid performances, they're nuts and don't know the first thing about potential, plain and simple. Basically this is a fifty minute instrumental slide through various genres brought together for a studio party. Frequent changes, complex arrangements, itchy crossover appeal and a very warm sound makes this the album for nearly anyone into well thought out music and not just heavy music, be it inspired musicians, pianists or recently hatched fans of Progressive Rock, Jazz and Fusion.

As I said, this doesn't reach the frantic levels of the aforementioned bands, of course you should expect lots of technical work outs but overall the songs usually take it slower not being so damn fast rerouting to another genre every ten seconds you know, it's a very nice listening experience, chilled I daresay. Lots of acoustic layers add another interesting dimension to the release, used often when embracing a sunnier, more tranquil vibe like in the closing self titled track and "Coming Home".

Packed with more of Travis Smith's graphical visions, AT WAR WITH SELF is an interesting and pretty successful project thus far. Although this ain't my cup of music, I kinda liked the album though as it's gifted, complex and far more relaxed than other similar products. (Online May 25, 2005)

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